

RSVP

Volunteer Voice



A Note from Kathi

The frost is on the pumpkins, cider mills are busy squashing the over-ripe apples and Mother Nature's dress has changing color. If you have a garden, you may be busy bringing in the last of the vegetables, canning and freezing them in a last attempt to prepare food for the cold winter months that are just around the bend!

It is such a beautiful time of year, yet a sad time as well. It is getting colder and we can't enjoy time out-of-doors like we do during the summer months. But not to fear! We will have plenty of worthwhile volunteer opportunities available for you throughout the colder months! Some will be new and challenging and some will be repeat adventures. Make sure that you always check out the monthly Volunteer Opportunities as they come in the mail listing what is new and exciting in both Richland and Ashland counties.

Please remember to let me know where you are volunteering and monthly time sheets must be submitted. If something should happen to you when you are volunteering and I have no record that you were assigned to that station and no time sheets have been submitted, the supplemental insurance would not be in effect. If you go directly to one of the stations we have listed without going through the RSVP office, **please inform them that you are a volunteer with RSVP and ask them to submit a monthly time sheet.**

Seven Signs of Common Scams!

It's not easy to identify when someone has fallen victim to a scam! Scam artists are experts at establishing rapport and casting themselves as someone "who's on your side." Often, they convince their prey to keep details of the "deal" secret, even from friends or family members.

Here are a few signs to watch for:

1. The offer claims that you've won a prize, but you must pay a fee to claim it.
2. The caller insists that you must pay immediately to get the promised price.
3. The salesperson claims there is not enough time to put the offer in writing.
4. The offer promises sizable returns with minimal risk.
5. The caller requests a donation, but won't disclose how the money will be used or the specific charity that would benefit.
6. The caller offers a chance to "repair" your credit in exchange for an up-front fee.
7. The caller offers to recoup money you've lost in another fraudulent scheme.

Help the person report the scam to local authorities (the police or sheriff's departments) or through the National Fraud Information Hotline (1-800-876-7060).

- From *Aging Connection*

The RSVP office will be mailing Volunteer Surveys in the very near future. Please take a few minutes to complete the surveys and return them to the RSVP office. Your responses are very important to us!

'Tis the Season!!... No Not Thanksgiving or Christmas, But Tornado Season!

What can you do to prepare for such an emergency?

Prepare a Home Tornado Plan

- Pick a place to go if a tornado is headed your way. (basement, center hallway, bathroom or closet on the lowest level
- If you are in a high-rise building, you may not have enough time to go to the lowest floor. Pick a place in a hallway in the center of the building.

Assemble a Disaster Supplies Kit containing:

- First aid kit and your essential medications.
- Canned food and can opener.
- At least 3 gallons of water per person.
- Protective clothing, bedding or sleeping bags.
- Battery-powered radio, flashlight, and extra batteries.
- Special items that you or a family member might need.
- Written instructions on how to turn off electricity, gas, and water if authorities advise you to do so. (You'll need a professional to turn natural gas service back on).

Stay tuned for storm warnings

- Listen to your local radio & TV stations for updated storm information.
- Know what a tornado WATCH and WARNING means:

*A tornado WATCH means a tornado is possible in your area.

* A tornado WARNING means a tornado has been sighted and may be headed for your area. Go to safety immediately!

- Tornado WATCHES and WARNINGS are issued by county or parish.

When a tornado WATCH is issued:

- Listen to local radio and TV stations for further updates.
- Be alert to changing weather conditions. Blowing debris or the sound of an approaching tornado may alert you. Many people say it sounds like a freight train.

When a tornado WARNING is issued:

- If you are inside, go to the safe place you picked to protect yourself from glass and other flying objects. The tornado may be approaching your area.
- If you are outside, go to the basement of a nearby sturdy building or lie flat in a ditch or low-lying area.
- If you are in a car or mobile home, get out immediately and head for safety.

After the tornado passes:

- Watch out for fallen power lines and stay out of the damaged area.
- Listen to the radio for information and instructions.
- Use a flashlight to inspect your home for damage.
- Do not use candles at any time!

**WELCOME NEW VOLUNTEERS
To the RSVP Family**

Janet Bixler, William Cones,
Regina Dillon, Connie Eichar,
Terrence Gaines, Glenda Gorka,
Ken Kosht, James Kramer, Louis Lattanzio,
Steven Liming, Valeta Miller,
Emma Morgan, Barbara Schaad,
Beverly Schoonover, Donna Shank,
Jerry Stackhouse, Patti Storms,
and Jerry Wilson